# Building Social Capital for Social Inclusion



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## Sharing

 How does the CIIF social capital building effort contributes to helping socially excluded groups re-integrate into mainstream society?





# Participatory Action Research

- Document and historical data review
- Familiarization visits
- Focus group interviews
- Community Forum

 13 projects, 10 of which toward final stage of completion





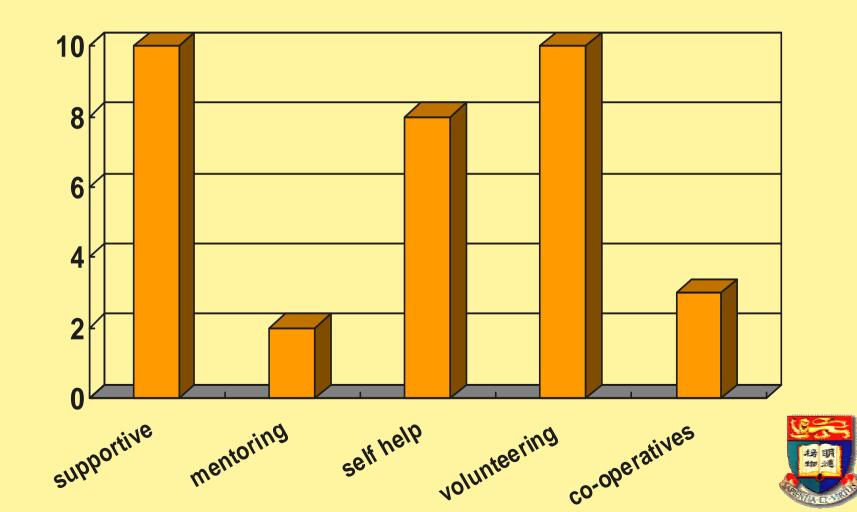
#### Social Capital Networks Five Typical Types

- Supportive Networks
- Mentoring
- Self Help
- Volunteering
- Co-operatives





### Social Capital Networks





#### Social Capital Outcomes 1 Social Network & Support

- Enlarged social circle
- Increased life satisfaction
- Meaning of life
- A reduced sense of social exclusion
- Information, emotional support, small favors, crisis support and leisure time pursuit





### Social Capital Outcomes 2 Trust & Efficacy

- Isolation and stigma of marginal communities
- Negative stereotype and labeling
- High level of trust towards network members and stakeholders
- Sense of efficacy increased
- Trust towards government and society not apparent





### Social Capital Outcomes 3 Civic Engagement

- Actions and concern towards community issues
- Not the key emphasis in either overall CIIF or individual project objectives
- Little linking capital to connect with the more powerful
- Project intervention too small in scale for spillover effects to larger community





#### Stories of Exclusion

- Disconnection from mainstream society, in terms of distance, experience and aspiration (Kearns, 2004).
- Deprived of meaningful employment, adequate housing, safe neighbourhoods, health and well-being, social networks, and basic human rights.





#### Mdm Wan: A Suidical Single Mother

- During the last two to three years, I was like a walking dead body, an empty and hollow life, a life without soul.
- It was only a narrow escape that my daughter can survive. I nearly drowned her. Really, twice I thought about killing her and myself altogether.





# Mrs. Kwok <u>A Cancer Caregiver</u>

- Mr. Kwok was diagnosed with cancer and Mrs Kwok had just arrived from the mainland.
- They were very depressed and refused to talk to us.
- He said he really wanted to die.





# Ah Shing <u>A Delinquent Youth</u>

- His hair was in golden dye and tied up in a pigtail. He looked cool and he had strong body built. He was just 24 and had not paid the rent for several months.
- He had history of being a triad member, involved in drug trafficking and convicted for several times.





# Stories of Transformation

- They changed...
- On a
- Personal level
- Interpersonal level &
- Political level





# Mdm Wan: Hope

- But it was a miracle. The social worker accompanied me and after that I was able to get CSSA.
- There are still a lot of problems I need to resolve. Life is still hard. But now I have hope. There is a way. I am not hopeless anymore.





### Mdm Kwok Helper Therapy

- Last week, I accompanied Madam Kwok to visit other families. She knew a lot of neighbours in the community. More than ten persons said hello to her as we walked along.
- She had a good social connection. She was also familiar with their situations, and caring about them. This is how social capital grew.



# Ah Shing: Prodigal Son

 Within these two months, he talked to the social workers very often. Since he did not have money and had not yet got a job, he came to the church every day. Miraculously he changed. He had to dye his hair in black since he wanted to get a job. He gave up the pigtail too.





# Behind their Transformations

- Long-term confidant relationships with other persons,
- Capacities for appropriate expression of emotion, and
- Engage in styles of coping that are prosocial
- A sense of power of one's capacity to influence the environment





## Roles of Supporters

- Respond to cues of readiness for change
- A visioning process
- New information
- Moral and practical support (food, clothes, furniture)
- Mentoring (peer role modeling)





# Roles of Supporters (cont.)

- Linking and facilitating (e.g. in job seeking)
- Building up support groups or networks
- Encouragement
- Provide training
- Establishing new roles and channels of participation (e.g. in crime problems)





# From Exclusion to Empowerment

 'a process whereby persons who belong to a stigmatized social category can be assisted to develop and increase skills in the exercise of interpersonal influence and the performance of valued social roles' (Solomon, 1978)

